

# Transit Benefits



Image Source: CENTRO

## QUALITY OF LIFE

- Americans living in areas served by public transportation save 785 million hours in travel time and 640 million gallons of fuel annually.
- When Americans use public transportation, they walk more. Walking increases fitness levels, leading to healthier citizens and less strain on the health care system.
- Transit provides a means of transportation and access to opportunities for all, including the elderly, persons with disabilities, and low-income communities.

Source: American Public Transportation Association; [www.publictransportation.org](http://www.publictransportation.org)



Image Source: CENTRO

## ENERGY

- Public transportation saves the US the equivalent of 4.2 billion gallons of gasoline annually.
- An individual can achieve an average annual savings of more than \$10,000 by taking public transportation instead of driving, and by living with one less car.
- Household residents living within proximity of public transportation drive an average of 4,400 fewer miles annually.



Image Source: CENTRO